

## Complexities in Personality Disorder: A Mentalization-Based Treatment (MBT) Approach Program

**Date:** Friday, 1<sup>st</sup> October 2021

**Online:** A link will be provided a few days before the event

| TIME (AEST)            | TITLE   |
|------------------------|---|
| 9.00 - 9.15 am         | <b>Welcome Address</b><br><b>Assoc Prof Sathya Rao</b> , Executive Clinical Director, Spectrum  |
| 9.15 - 10.15 am        | <b>Keynote address:</b> Mentalizing capacity – An instigator for change for people with Borderline Personality Disorder<br><b>Prof Anthony Bateman</b> , Consultant for Anna Freud Centre, London; Visiting Professor University College, London; Honorary Professor in Psychotherapy University of Copenhagen, UK                        |
| 10.15 - 10.35 am       | <b>Morning Tea break</b>  |
| <b>10.35 -11.15 am</b> | <b>Title:</b> Moving from complexity to coherence<br><b>Presenter:</b> Dr Julian Nesci, Clinical psychologist, Accredited MBT supervisor, Senior MBT clinician, Spectrum, Melbourne, VIC  |
| 11.15 – 11.55 pm       | <b>Title:</b> Mentalizing systems -The best therapy is what your case manager can offer<br><b>Presenter:</b> Dr Siddhartha Dutta, Director Adult Mental Health, GV Health, Shepparton, VIC  |
| 11.55 - 12.05 pm       | <b>Rapid Fire Title:</b> Imperfect implementation: A tale of hope for the ordinary, well-intentioned service<br><b>Presenter:</b> Dr Matthew Ruggiero, Counselling Psychologist, Lifespan Psychology Centre, Leederville, WA  |
| 12.05 - 12.15 pm       | <b>Rapid Fire Title:</b> Adapting to the needs of youth living in rural Victoria using an MBT approach<br><b>Presenter:</b> Kalina Clarke, Personality Disorder Clinician, Bridie Carlisle, Senior Clinician, Melissa Bradshaw, Senior Clinician, GV Area Mental Health Service, Shepparton, VIC  |
| 12.15 – 12.30 pm       | <b>Rapid Fire Title:</b> Reflections on the implementation of the MBT-FACTS Program at Alfred Child and Youth Mental Health Service (CYMHS) and Qualitative outcomes from the perspective of young people.<br><b>Presenter:</b> Dr Celeste Benetti, Senior Clinical Psychologist, Accredited MBT Supervisor, Alfred CYMHS, Melbourne, VIC |
| <b>12.30 - 1.15 pm</b> | <b>Lunch break</b>  |

| TIME (AEST)           | TITLE  |
|-----------------------|--|
| 1.15 - 2.15 pm        | <p><b>Lived Experience Panel Discussion</b><br/> <b>Chair:</b> Andrew Mottram, Clinical psychologist, Accredited MBT supervisor, Senior MBT clinician, Spectrum, Melbourne, VIC<br/> <b>Panel:</b> Two graduates of Spectrum’s MBT program and Spectrum’s Carer Consultant and BPD advocate Rita Brown.</p>                              |
| 2.15 – 2.55 pm        | <p><b>Title:</b> MBT for high risk adolescents and their parents/carers and networks<br/> <b>Presenter:</b> Dr Michael Daubney, Medical Director of Adolescent Extended Treatment Community CHQ HHS; Consultant psychiatrist to Fraser Coast Assertive Mobile Youth Outreach Service, QLD</p>  |
| <b>2.55 - 3.15 pm</b> | <b>Afternoon Tea break</b>   |
| 3.15 – 4.15 pm        | <p><b>Key note address:</b> The Role of Mentalizing for people with Antisocial Personality Disorder or Narcissistic Personality Disorder<br/> <b>Prof Anthony Bateman,</b> Consultant for Anna Freud Centre, London; Visiting Professor University College, London; Honorary Professor in Psychotherapy University of Copenhagen, UK</p> |
| 4.15 - 4.30pm         | <p>Question &amp; Answers<br/> <b>Close</b></p>  |

**\*Program subject to change**