Spectrum 2023 Research Forum



Specialising in Personality Disorder and Complex Trauma

Friday 27th October 10AM - 4PM AEDT

Webinar ID: 860 3661 1725 Passcode: 587277

10.00 - 10.05	Welcome Address Associate Professor Sathya Rao
10.05 - 10.15	Spectrum Research - the year in review Associate Professor Jillian Broadbear
10.15 - 11.00	Keynote Address - The soft bigotry of low expectations for people living with personality disorder Professor Andrew Chanen
11.00 - 11.20	Morning Tea Break
11.20 - 12.05	Keynote Address - Borderline Personality Disorder (BPD), Stigma and human rights at the interface of mental health care: What progress have we made? Professor Sharon Lawn
12.05 - 12.30	Men's experiences of BPD and navigating the mental health system Associate Professor Jillian Broadbear
12.30 - 13.00	Lunch Break
13.00 - 14.30	Rapid Fire Presentations: Moderated by Associate Professor Jillian Broadbear Hema Javaram: BPD in older adults: Research update

•	Michael Bhagwandas:	Clinician insights	into the dia	agnosis and tr	eatment of m	en with
	personality disorder					

- Rowan Ogeil: The intersection between sleep quality, nightmares, and BPD
- Julian Nesci: Consumer Experiences of Mentalization-Based Treatment (MBT): A
 Prospective Qualitative Study
- Lukas Cheney: Exploring neurodiversity in people who experience BPD
- Sam Crowley: Spectrum Evaluation Program Outcomes update
- Mithira Nithianandan: Piloting a psychoeducational program for individuals newly diagnosed with BPD
- Jason Webb: Suicide prevention Learning more from coronial investigations of death by suicide in people diagnosed with BPD
- Marianne Weddell: Regional DBT Service Development Project

14.30 - 15.00 Afternoon Tea Break

- **15.00 15.30** Evaluating the Victorian Personality Disorder Initiative Associate Professor Sathya Rao
- **15.30 16.00** Community residential mental health outcomes from the PARC Ironbark Program Cathryn Pilcher

16.00 Official Close

Eastern Health

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