



Online Personality Disorder and Complex Trauma ECHO Sessions 2024

Monthly on Wednesdays 12.00 - 1.00 PM (AEST/AEDT)

The Personality Disorder and Complex Trauma ECHO is a community of practice of healthcare professionals ranging in expertise and who have a common purpose to improve the well-being of people with personality disorder and complex trauma. Each session begins with a presentation from a Spectrum or an affiliated expert on a specific topic, followed by an in-depth case consultation. There are opportunities for attendees to ask questions and provide recommendations on the case study which is presented by one of the attendees.

Using a real-time online format, attendees will be able to:

- Learn new approaches and skills
- Participate in in-depth case consultation
- Receive feedback and recommendations
- Provide expertise to a community of colleagues
- Earn CPD points (self-managed)
- Have fun!

Who should attend? Any healthcare professional in private or public services.

Cost: Free



Date	Topic	Presenter
14 February 2024	Do we need to know the truth? Working with lying, dishonesty and hard to believe truths	Cathryn Pilcher
13 March 2024	Relationship between AI and interpersonal dysfunction	Dr Lukas Cheney
17 April 2024	Overview of attachment in personality disorder and/or complex trauma	Andrew Mottram
8 May 2024	Supporting emotion regulation in inpatient settings	Jo Veltkamp
12 June 2024	Using relationship breakdowns as opportunities	Cathryn Pilcher
17 July 2024	Working with therapeutic boundaries and limits	Deborah Dick
14 August 2024	Missed diagnosis: Identifying BPD in older adults in residential and community settings	Hemalatha Jayaram and A/ Prof. Jillian Broadbear
11 September 2024	Navigating the complexities of BPD in young people	Dr Samantha Tabak
9 October 2024	Working with the sense of self	Marianne Weddell
13 November 2024	Why is it important to be working together with family/friends (carers)?	Rita Brown
11 December 2024	Are recovery stars enough for people with personality disorder and/or complex trauma?	Dr Fiona Donald

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