

1 TO 7 OCTOBER 2025

BORDERLINE PERSONALITY DISORDER (BPD)

AWARENESS WEEK

Understanding not judging

BPD is a complex mental health condition affecting thousands of Australians.

It's not a personal choice or fault—it's a condition of the brain and mind.

Let's support and reduce stigma around BPD. Together, let's foster understanding and compassion.

Share the message. Be the difference.



spectrumbpd.com.au